

WESTERN WAKE COUNTY AREA FOOD PANTRIES

Despensa de Alimentos



MON/LU	TUES/MA	WED/MI	THURS/JU	FRI/VI	SAT/SA
URBAN MIN. 8:30AM-10AM CPO 9AM-12PM WAKE RELIEF 1PM-3PM FUMC 9AM-4PM	URBAN MIN. 8:30AM- 10AM WITH LOVE 9:30AM- 11:30AM SALVATION ARMY 1PM-1:45PM WAKE RELIEF 1PM-3PM FUMC 9AM-4PM COVENANT 4PM-6PM	URBAN MIN. 8:30AM-10AM CPO 9AM-12PM WITH LOVE 9:30AM-11:30AM WAKE RELIEF 10AM-12PM WHITE OAK 11AM-2PM FUMC 9AM-4PM HOPE 12PM-6PM COVENANT 4PM-6PM	URBAN MIN. 8:30AM-10AM CPO 9AM-12PM SALVATION ARMY 1PM-1:45PM FUMC 9AM-4PM (DRIVE THROUGH DISTRIBUTION 5:30-6:30PM ON 2ND + 4TH THURSDAYS EACH MONTH) COVENANT 4PM-6PM	CPO 9AM-12PM WITH LOVE 9:30AM- 11:30AM WHITE OAK 11AM-2PM	WITH LOVE 9:30AM- 11:30AM POINT CHURCH 10:30AM-12PM WHITE OAK 2ND 11AM-1PM CPO 2ND,3RD & 4TH 9AM-12PM WAKE RELIEF 4TH 10AM-12PM

For additional resources,
scan this QR code:

Para recursos adicionales,
escanea este código QR:



Locations Ubicaciones	Address Dirección	Contact Info Información de contacto	Hours Horas	
NeighborUp	Two Locations: Cary: 193 High House Rd. Cary Apex: 1600 Olive Chapel Rd., Suite 408, Apex	neighborup.org 919-469-9861 919-362-0657	Community Support Center M-F 9am-5pm Pantry Visit By Appointment *Hours vary	Lun-Vie 9am-5pm Visita a la despensa con cita previa *Horario variable
Catholic Parish Outreach (CPO)	2013 Raleigh Blvd. Raleigh	https://www.catholiccharitiesraleigh.org/programs/catholic-parish-outreach-food-pantry/ 919-873-0245	9am-12pm Mon, Wed - Sat Closed Tuesday	9am-12pm Lun, Mie-Sab Cerrado Martes
Covenant Life Church	555 SW Maynard Rd, Cary	https://clc.city/reach/ 919-615-1122	4pm-6pm Tue-Thur	4pm-6pm Mar-Mie
First United Methodist Church (FUMC)	117 S. Academy St. Cary	https://firstcary.com/outreach/ 919-467-1861	5:30pm - 6:30pm 2nd & 4th Thur of every month (Drive through food pantry)	5:30pm - 6:30pm 2do y 4to Jue de cada mes (Despensa con servicio desde el auto)
Hope Community Church	821 Buck Jones Rd. Raleigh	https://gethope.net/localhope/food-pantry/#learn-more 919-532-0620	12pm-6pm Wed *Must sign up online	12pm-6pm Mie *Debe registrarse en línea
Point Church	1503 Walnut St. Cary	https://pointchurch.com/care/ 919-467-9159	10:30am-12pm Sat	10:30am-12pm Sab
Salvation Army	1863 Capital Blvd. Raleigh	https://southernusa.salvationarmy.org/wake/food-pantry 919-834-6733	1pm-1:45pm Tue & Thur By appointment only	1pm-1:45pm Mar y Jue Solo con cita previa
Urban Ministries	1390 Capital Blvd. Raleigh	https://www.urbanmin.org/services/food-pantry 919-746-0088	8:30am - 10am Mon-Thurs *Line starts at 8am. While supplies last	8:30am - 10am Lun-Jue *La fila comienza a las 8am. Hasta agotar los suministros
Wake Relief	4 N. Blount St. Raleigh	https://wakerelief.org/ 919-833-6400	1pm-3pm Mon & Tues 10am-12pm Wed 10am-12pm 4th Sat	1pm-3pm Lun y Mar 10am-12pm Mie 10am-12pm Sab
White Oak Foundation	1621 White Oak Ch. Rd. Apex	https://www.wofnc.org/food-pantry 919-307-8748	11am- 2pm Wed & Fri 11am - 1pm 2nd Sat No Friday Food Pantry Before a Saturday Distribution	11am- 2pm Mie y Vie 11am - 1pm 2do Sab No habrá despensa los viernes antes de la distribución del sábado
With Love From Jesus	421 Chapanoke Rd. Raleigh	https://www.withlovefromjesus.org/to-receive-help/ 919-233-8010	9:30am-11:30am Tues, Wed, Fri & Sat	9:30am-11:30am Lun, Mie, Vie y Sab